

A Catholic Approach to Palliative Care

GROUP DISCUSSION GUIDE: THE SPIRITUAL JOURNEY OF CAREGIVING

QUESTION 1:

What kinds of support would the caregivers featured in the video find in our faith community? What supports might we add to help caregivers in our faith community?

QUESTION 2:

How do we support caregivers who are not a part of our faith community? Can we do more?

QUESTION 3:

What spiritual formation opportunities do we offer to help caregivers deepen their faith in the midst of the caregiving journey?

LINKS TO SPIRITUAL RESOURCES

Mona Hanford of The Hope Initiative and a five-part course for caregivers and people living with terminal illness

A Spirituality of Caregiving
by Henri Nouwen

The Road to Daybreak by Henri
Nouwen

Friends of St. John the Caregiver

LINKS TO CAREGIVER RESOURCES

Caring.com - resources for caregivers

Family Caregiver Alliance - online
caregiver support groups

National Alliance for Caregiving

Eldercare Locator

The Conversation Project

Powerful Tools for Caregivers

