

# A Catholic Approach to Palliative Care

## GROUP DISCUSSION GUIDE: LIVING WITH & CARING FOR THE SERIOUSLY ILL - GROUNDED IN BAPTISM

### QUESTION 1:

Dr. Henson highlights the reception into the community of faith and being marked with the sign of the cross in baptism as signs and symbols of hope for those living with serious illness. How does this connect with your experience or the experience of those for whom you care?

### QUESTION 2:

Which elements of baptism most inform your perspective on your own life and eventual death?

- Font - the "womb" and "tomb"
- Candle - light of Christ
- White garment - clothed in Christ
- Creed - the promise of resurrection

### QUESTION 3:

What are some of the key points of transition on the journey with serious illness?

### LINKS TO CATHOLIC RESOURCES

Message of his holiness Pope Francis to the participants in the European regional meeting of the World Medical Association

World Day of the Sick

Cardinal Bernardin on "Death as a friend"

Ethical and Religious Directives for Catholic Health Care

Catechism of the Catholic Church

### LINKS TO PALLIATIVE CARE RESOURCES

Pathways to Convergence

Palliative Care's Sacramental & Liturgical Foundations: Healthcare Formed by Faith Hope and Love

Get Palliative Care

Spirituality Toolkit

